

Our Food Pantry is low on the following items:

(updated 5/10/17)

- **Jelly**
- **Pancake Mix and Syrup**
- **Pasta Sauce**
- **Potatoes (canned or instant)**
- **Fruit (canned)**



The food pantry at the First Presbyterian Church of Metuchen is a mission outreach ministry that provides non-perishable food items to families once a month in the Metuchen/Edison community.

On a weekly basis we help 15-20 families. A week ago we assisted 18 families; this week we are assisting 10 families – donations greatly appreciated!

Here is a list of food that is needed on a continual basis for the food pantry.

- **Parmalat Milk** (*goes the fastest*)
- **Juice** (*plastic bottles/canned*)
- **Peanut Butter** (*creaming/chunky*)
- **Jelly** (*strawberry, grape, etc.*)
- **Pancake Mix** (*mix with water – Aunt Jemima, store brand*)
- **Maple Syrup** (*Log Cabin, Mrs. Butterworth, store brand*)
- **Cold Cereal** (*any kind - Cheerios, Chex, Shredded Wheat, etc.*)
- **Oatmeal** (*instant oatmeal, Farina, Cream of Wheat*)
- **Macaroni & Cheese** (*Kraft, any brand*)
- **Pasta** (*noodles, spaghetti, elbow, ziti, etc.*)
- **Rice** (*white rice, brown rice, etc.*)
- **Spaghetti Sauce** (*canned*)
- **Soups** (*canned*)
- **Instant Potatoes** (*better than canned potatoes*)
- **Fruits (canned)**
- **Vegetables (canned)**
- **Beans** (*chick peas, kidney beans, baked beans, etc.*)
- **Crackers** (*Saltines, Ritz, Club, etc.*)
- **Granola Bars**
- **Pudding/Jello**
- **Cookies/Graham Crackers**

Any donations would be greatly appreciated. You may bring food donations to church and leave them in the container in the narthex or drop them off at the church office in the Social Center. Thank You!

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